



California Society of Safety & Security Professionals

December 7, 2018

NO Morning Seminar

Lunch Meeting - 11:30 am - 1 pm

Lakewood Country Club

3101 Carson Street

Lakewood, California 90712

Mandatory Confirmation w/Jennifer Press

via email by 12/5 to:

pressjennifer1@gmail.com

Morning Seminar

There is NO morning seminar for December, 2018.



CSSSP

California Society of Safety & Security Professionals Los Angeles County Chapter

Volume 116

December 2018

Morning Session Speaker

There is NO morning seminar for this month.

Luncheon Speaker

This month, our lunch speaker will be our Chapter Co-President, Jennifer Press and Mr. Crist Wagner. They will speak on Burden of Proof. Come hear what testimonial proof is as it relates to Dispute Resolution Protocol between the accuser and the accused in an altercation.

Lunch Menu

Caesar Salad
Caramelized Green Beans
Baby Red Potatoes
Tri tip
Carrot Cake

President's Message

It's the Most Wonderful Time of the Year! Does the sentiment ring true for you every time you hear this holiday song by Edward Pola? The holidays, along with year-end celebrations gives us an opportunity to live and let go of our roadblocks and instead focus on the endless possibilities ahead of us.

Speaking of endless possibilities ahead of us, the CSSSP board has been discussing ways to build our organization, while continuing to preserve the educational platform available to all members to take advantage of your many years of expertise in the areas of Safety and Security.

Here is where you can help:

- Calendar our 2019 meetings now - First Friday of the even months: February 1st, April 5th, June 7th, August 2nd, October 4th, and December 6th
- Share new meeting location ideas that can accommodate room for 25+ people, lunch and presentation screen, etc.

- Commit to sharing your knowledge, skill and talents by being a lunch speaker or conduct a 2 ½ morning seminar to expand the level of learning for all participants.
- Speaker topics have been mostly focused on OSHA hot topics. We would like to balance the lunch speaker topics to allow for an elevated learning experience in both Safety and Security. We are seeing why too many public shootings, violence in the workplace and acts of terrorism. Together, we can share preventative measures to build a disaster plan for home and at work.
- We would love to hear from you!
- Invite CSSSP members to attend other organization meetings to network and idea share.

In closing, I encourage us all to keep the fearless California Fire Fighter's and the families who lost their homes in the recent Camp and Woolsey fires; the worst wild fires in California's history! We all have so much to be thankful for. If you would like to help us support a 25-year tradition in the California Fire Fighter community - Spark of Love; bring an unwrapped toy to the December luncheon to help children in the Los Angeles area have a happy holiday. Extra raffle tickets will be awarded for every toy donated.



Jennifer Press
Co-President

Recording and Reporting Occupational Injuries and Illnesses

NOTE: To open the links, high-light the whole link and right mouse click to open hyperlink to view supporting documentation.

Employers in states regulated by federal OSHA have been required to electronically submit certain records of occupational injuries and illnesses. The electronic submission requirements, along with the incorporation of an existing statutory prohibition on retaliating against employees for reporting work-related injuries or illnesses, were added to federal OSHA's recording and reporting regulations found in the Code of Federal Regulations, title 29, part 1904.

On April 30, 2018, federal OSHA posted a "trade release" requiring all affected employers to submit injury and illness data in the federal OSHA Injury Tracking Application (ITA) online portal, even if the employer was covered by a state plan that had not completed adoption of their own state rule: <https://www.osha.gov/news/newsreleases/trade/04302018>

Therefore, even though California had not yet adopted its own state rule, Cal/OSHA advised affected employers to comply with federal OSHA's directive to provide Form 300A data covering calendar year 2017 by July 1, 2018.

On July 27, 2018, federal OSHA posted a "trade release" that it proposes to amend its recordkeeping regulation by rescinding the requirement for establishments with 250 or more employees to electronically submit information from OSHA Forms 300 (*Log of Work-Related Injuries and Illnesses*) and 301 (*Injury and Illness Incident Report*). These establishments will continue to be required to submit information from their Form 300A (*Summary of Work-Related Injuries and Illnesses*) covering the previous calendar year. For additional information and links, go to federal OSHA's trade release:

<https://www.osha.gov/news/newsreleases/trade/07272018>.

On October 18, 2018, Cal/OSHA issued an amended notice of proposed emergency action to amend sections 14300.35 and 14300.41 of title 8 of the California Code of Regulations.

The purpose of the amendments is to conform California's recordkeeping requirements to the federal OSHA program.

The proposed regulatory language and Finding of Emergency are posted at: <https://www.dir.ca.gov/dosh/doshreg/Recording-and-Reporting/>

On November 1, 2018, the Office of Administrative Law approved the emergency action. This means that the **employers in California described below are now required** to submit Form 300A data covering calendar year 2017 by December 31, 2018. These employers should follow the instructions posted at federal OSHA's **ITA website**:

- All employers with 250 or more employees, unless specifically exempted by **section 14300.2** of title 8 of the California Code of Regulations
- Employers with 20 to 249 employees in the specific industries listed in Appendix H of the **emergency regulations**.

Holiday Safety

Here are some Holiday Safety areas to watch out for. Please feel free to share with family and friends.

- Holiday lights - don't overload circuits
- Trees - keep live trees watered
- Decorations - don't block windows
- Entertaining guest - watch liquor limits
- Security around you

Worker Safety & Poor Air Quality During California Wildfires

With wildfires raging in both Northern & Southern California, many parts of the state are experiencing hazardous air quality that has caused CAL-OSHA to issue bulletins giving guidance to employers on how to protect workers who may be exposed to smoky air in the course of their work duties. We have received reports that some non-grocery businesses around the state have been sanctioned by CAL-OSHA for not providing workers adequate protection from exposure to hazardous air quality conditions.

Grocery store operators may want to be proactive in taking steps to protect workers at stores and warehouses in order to avoid any sanctions from CAL-OSHA.

[HERE](#) is a link to a webpage from CAL-OSHA that provides information for employers on steps they can take to protect workers from the poor air quality caused by the wildfires.

You can also contact [Aaron Moreno](#) Senior Director of Government Relations if you have any questions.

High-Stress Could Lead to Stroke

High-stress jobs are connected to a higher risk of stroke, indicates a review of research from Southern Medical University.

Researchers examined six studies involving nearly 139,000 participants who were tracked for three to 17 years. Jobs were organized into four groups based on "psychological demands," which included time pressure, mental load and coordination burdens, according to a press release.

Workers in high-stress jobs – described as having high demand and low control – had a 22 percent higher risk of stroke than those in low-stress jobs. Workers in high-stress jobs include waitresses and nursing aides. Women in high-stress jobs had a 33 percent higher risk of stroke than women in low-stress jobs.

Workers in "passive" and "active" jobs did not have a greater stroke risk, the study states. Miners, janitors and other manual workers are examples of workers in passive jobs, and workers in active jobs include doctors, teachers and engineers.

Nearly 5 percent of the stroke risk was due to high-stress jobs, researchers determined. The risk rose to 6.5 percent in women.

It's possible that high stress jobs lead to more unhealthy behaviors, such as poor eating habits, smoking and a lack of exercise.

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