



CSSSP

California Society of Safety & Security Professionals Los Angeles County Chapter

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FEBRUARY MORNING SEMINAR

Our morning seminar will be held on Friday, February 5, 2016 from 8:30 to 11 AM. Our seminar will be about the importance of being prepared for medical emergencies. Chapter Members Virginia Chamberlain and Joann Blayney, with Safety Dynamics Group (www.safetydynamicsgroup.com) will cover information on first aid, Cardio-Pulmonary Resuscitation, and Automated External Defibrillators (AED). Come learn the most recent information on these important life-saving skills. Please note, this seminar will not certify you as a first aid, CPR or AED provider.

FEBRUARY LUNCH MEETING

Our lunch meeting will be held on Friday, February 5, 2016 from 12:00 noon to 1:30 PM. Registration starts at 11:30; feel free to arrive early and network. Our speaker will be Virginia Chamberlain, a Professional Member of the CSSSP Chapter, and her professional skills include Professional Instructor in CPR, First Aid, and AED since 2005. She has successfully provided training to thousands of people in the last seven years.

Surviving a cardiac incident is often dependent on how fast a patient is defibrillated. By implementing AEDs (Automated External Defibrillators) for on-demand use in your workplace or at home, the chances of surviving a cardiac event statistically increases from 6-7% up to 75-85% simply by having these machines readily available. Ms. Chamberlain will demonstrate just how easy it is to use an AED. Join us for a most important presentation by a truly Professional Instructor.

Our lunch buffet will include:

- Mexican Caesar Salad
- Chicken Enchiladas
- Rice
- Beans
- Chips & Salsa
- Dessert

The lunch buffet price is \$25.00 for current dues paid CSSSP members and their guests; \$30.00 for non-members **including CSSSP members whose membership is not current**.

Please RSVP by January 26th with John O'Toole by phone at (323) 258-2771 or by email at otoole47@roadrunner.com to confirm your attendance so we have enough food.

PRESIDENT'S MESSAGE

Happy New Year! Last month's speaker, Past President John O'Toole provided us with useful information on Behavior Based Safety and Health. I'd like to thank John for his informative presentation on reducing work-related injuries in the workplace! I also want to thank Board Members Jared Williamson and John O'Toole for coordinating our 2nd annual Vendors Day Fair.

It's that time of year again; annual dues notifications will be coming in early February. The cost of membership will remain at \$50.00, the same as the past several years. You will be able to pay via PayPal on the Chapter's website (www.csssp.org) or at the February meeting by cash, check, or credit card.

At our February lunch meeting, we will hold our very first Past Presidents Day. We will be joined by many of our Chapter's past Presidents. Be sure to come to see some old friends!

It's been several years since our chapter had a "field trip" lunch meeting, and one is long overdue. I'm very excited to announce that our April lunch meeting will be held aboard the USS Iowa in San Pedro. The famed battleship was ordered on July 1, 1939, commissioned on February 22, 1943, and served our country for almost 50 years. She was designated the "World's Greatest Naval Ship" because of her big guns, heavy armor, fast speed, longevity and modernization flexibility, which allowed her to keep pace with technology. The American technological advances in naval ship design truly made the Iowa Class battleships the most powerful ships in the world for its time. Be on the lookout for a future email with information on the lunch meeting cost, parking, lunch menu, etc.



The horrific shooting incident in San Bernardino on December 2, 2015 was an all too real, and too close to home reminder of security issues we face in the 21st century. With my background in the occupational safety and health arena, I realize we have not had a recently seminar or lunch speaker to address security issues. I am hoping to arrange a morning seminar before our June lunch meeting on this important topic.

Dan Leiner
Chapter President

SAFETY & HEALTH HIGHLIGHT

Wet Weather Driving Safety

As we've been hearing for the past few months, El Niño has finally arrived bringing much needed rain to California. As much as we need this rain, driving safely is a major issue especially for our congested roads in Southern California. You can help out by following these five steps:



1. **Slow down and keep a safe following distance.** Plan for additional travel time when it's raining. Check traffic routes before you leave (www.sigalert.com) or use navigation apps to guide you around traffic and accidents (Waze, Google Maps, Apple Maps, etc.). And don't forget, it takes a longer distance to stop on wet roads.
2. **Tire condition** is extremely important. Puddles of water on our roads and freeways can lead to hydroplaning if your tires do not have enough tread to channel the water away. Also, make sure your vehicle's tires are properly inflated (which will also give you better mileage).
3. **Brakes** are probably the most important safety equipment on your car. Have them checked to make sure they are functioning properly.
4. **Windshield wiper blades** are also important. After a few summers of hot, dry weather, your windshield wipers may be cracked and damaged. It's recommended that windshield wipers be replaced annually, before the start of the rainy season. Also, make sure the wiper fluid reservoir is full.
5. **Be seen.** Make sure your head and taillight are all working so your vehicle is visible to other drivers. If your car is older, it might be a good idea to replace your headlight bulbs with brighter bulbs, and also clean and polish your headlight lamp lenses. Did you know California law requires you to turn on your headlights when you turn on your windshield wipers?



Confined Spaces in Construction



On December 30, 2015, the Confined Spaces in Construction regulations became effective in California. The regulations (sections 1950 through 1961) are found in the California Code of Regulations Construction Safety Orders as new Article 37. The Cal/OSHA regulations page (www.dir.ca.gov/samples/search/query.htm) has not yet been updated with the new Article; however, the text of the new regulations may be found at the California Occupational Safety and Health Standards Board's (OSHSB) "proposed" webpage at [www.dir.ca.gov/OSHSB/Confined Spaces in Construction \(Horcher\).html](http://www.dir.ca.gov/OSHSB/Confined_Spaces_in_Construction_(Horcher).html). Hopefully within the next few weeks, the Cal/OSHA website will be updated so the regulation

appears in on the regulations page and on the OSHSB’s “approved” webpage (found at www.dir.ca.gov/OSHSB/oshsb.html).

These new regulations are very similar to the General Industry Safety Order’s Permit-Required Confined Spaces regulation (T8CCR §5157, www.dir.ca.gov/Title8/5157.html), with some subtle differences.

SECURITY HIGHLIGHT



Active Shooter

An “Active Shooter” is defined by FEMA as “an individual actively engaged in killing or attempting to kill people in a confined and other populated area. In most cases, active shooters use firearms and there is no pattern or method to their selection of victims. Active shooter situations are unpredictable and evolve quickly.” This describes the incident occurring on December 2, 2015 in San Bernardino. There has been much emphasis on

preparing for an active shooter incident at public places and at places of employment. The Department of Homeland Security (www.dhs.gov/active-shooter-preparedness), the Federal Bureau of Investigations (www.fbi.gov/about-us/office-of-partner-engagement/active-shooter-incidents), and the Los Angeles County Sheriff’s Department (www.activeshooter.lasd.org/) all have excellent information on this topic.

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