



CSSSP

California Society of Safety & Security Professionals
Los Angeles County Chapter

Volume 104

December 2016

DECEMBER MORNING SEMINAR

We will not be having a morning seminar in December.

DECEMBER LUNCH MEETING – FRIDAY, DECEMBER 2, 2016 AT 12:00 PM

OSHA Reporting & Recording

Our December lunch speaker, Chapter President Dan Leiner, will review Cal/OSHA reporting and recording requirements. Earlier this year, Federal OSHA announced regulatory changes to the injury and illness reporting requirements. Starting in 2017, some employers already required to maintain hard copies of the *Log of Work-Related Injuries and Illnesses* (OSHA Form 300) will be required to electronically submit a summary of work-related injuries and illnesses to OSHA. Initially, this change will affect employers with 250 or more employees and will eventually affect establishments with as few as 20 employees. Dan will also discuss common mistakes when filling out the OSHA Forms 300 and 300A, *Summary of Work-Related Injuries and Illnesses*.

Dan Leiner is currently the Area Manager of the San Fernando Valley Cal/OSHA Consultation Service office in Van Nuys. He was an industrial hygiene consultant for six years with Cal/OSHA Consultation's Santa Fe Springs office and has been an Area Manager since 2000. Dan is also an instructor with the University of California, San Diego's OSHA Training Institute Education Center. He has over 25 years of experience in the health and safety field as an industrial hygienist working in the aerospace industry, in a Los Angeles County lead-using industry outreach project, and with Cal/OSHA Consultation. Dan holds Bachelors and Master of Science degrees in Environmental and Occupational Health from California State University, Northridge.

We hope you can join us at:

Lakewood Country Club
3101 E. Carson Street
Lakewood, CA 90712

Our December lunch menu will include:

- Caesar salad
- Caramelized Green Beans
- Garlic Mashed Potatoes
- Foresteire Mushroom Tri-Tip
- Chocolate Mousse

Lunch payment may be made via the “Member Meeting Tickets” PayPal link on our chapter’s website at www.csssp.org/CSSSPTickets.html or you can pay by cash, check, or credit card at the meeting. Dan Leiner will be notified by PayPal if you make your purchase at our website, **otherwise RSVP to Dan Leiner at danleiner@aol.com or 323-215-7025 by Wednesday, November 30, 2016.**

PRESIDENT’S MESSAGE

I’d like to thank our October speaker, Michael Nicholas, who provided us with an overview of back injuries and the cost of these injuries. Back injuries can potentially be a very costly workers’ compensation claims incurring both direct and indirect costs. In the United States, about \$50 billion is spent annually on treating low back pain, with the indirect costs reaching upwards of \$100 billion. Using engineering and administrative controls, along with effective employee training, can help prevent these debilitating injuries.

As promised, a survey was sent our members. After a bit of confusion on how to send the survey, we finally got it right. The survey was sent to over 100 past and current members and we received 25 responses. Here is a summary of the results:

- 75% of respondents want to keep our meetings on the 1st Friday of the month.
- 71% thought the current \$25 lunch price was about right.
- 88% thought 45 to 60 minutes time slot was a good amount of time for our speakers.
- 79% found the lunch speakers/topics valuable.
- 87% found the newsletter useful but 64% visited the CSSSP website less than once per month and more than once per year.
- 75% want to keep the meeting location in Lakewood.
- There were many suggested topics for speakers, including process safety management, hazardous materials, electrical safety, welding & brazing, fire prevention, workplace violence, sexual harassment, OSHA updates/changes, bloodborne pathogens, lockout/tagout, ladder safety, lab safety, ergonomics, heat illness, personal protective equipment, human trafficking, accident trends, office security, and risk management/workers’ compensation.

The one survey question that I was hoping to really get a clear answer to was regarding our meeting time... keeping our meetings at lunch or changing to a breakfast meeting. Unfortunately, I didn't realize the answer choices to this question were changed to "lunch, Lunch, or Other" before the final survey was sent. Many of the "Other" responses preferred a breakfast meeting. I'm unclear of the responses in "lunch" (which should have been "Breakfast") is really for lunch or breakfast since there were two lunch choices. I apologize in advance for sending a second questionnaire, but in early December I will send out a one-question survey asking this question again, with the proper response options. Keep an eye on your email for this one question survey.

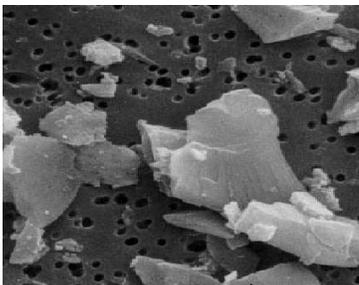
As you can see from the many topic suggestions, we have more than enough topics to fill lunch speakers for the next several years! We try to choose topics where we can find a good, knowledgeable speaker that will apply to a broad array of industries. If you are a subject matter expert on any of the suggested topics and are willing to share your expertise with us (or know of a good speaker who would be willing to volunteer a bit of their time to speak to us), please let me know. I'd love to have more of our members share their knowledge and experiences by being one of our speaker. As an added bonus, our speakers get their meal for free (though we make you eat quickly).

As we approach the end of the year, I want to wish everyone a happy holiday season! I hope to see you at our December 2nd meeting.

Dan Leiner
Chapter President

SAFETY & HEALTH HIGHLIGHT – RESPIRABLE CRYSTALLINE SILICA

Federal OSHA recently adopted new silica regulations for both general industry and construction. The California Occupational Safety and Health Standards Board (www.dir.ca.gov/oshsb/oshsb.html) approved Cal/OSHA's versions of the Federal changes. These changes were recently approved by the California Office of Administrative Law. Cal/OSHA has adopted the Federal regulations verbatim. These changes created new sections 1532.1 (Construction) and 5204



(General Industry), *Occupational Exposures to Respirable Crystalline Silica*, and updated the Permissible Exposure Limit (PEL) found in section 5155, Table AC-1.

Unfortunately, the two new sections are not yet posted on the Cal/OSHA website, nor has the new PEL been added to Table AC-1 (www.dir.ca.gov/title8/5155table_ac1.html).

The PEL for respirable crystalline silica has been reduced from 0.1 to 0.05 milligrams (which equals 50 micrograms) per cubic meter of air as an 8-hour time-weighted average.



The two new sections have action levels for silica exposure in addition to PELs, requirements to conduct employee exposure monitoring or use a table to determine the work task and use predetermined levels of PPE based on the exposure time, develop and implement a written exposure control plan, address respiratory protection, housekeeping, employee training, and develop a medical surveillance program for certain employees.

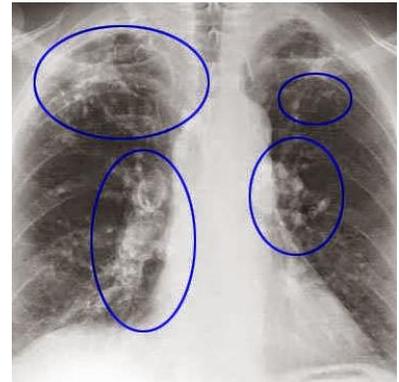


The new sections will have a phase-in period over the next couple years; however, the new PEL is in effect. These two new regulations are very

detailed and complex. To complicate matters, section 1530.1, *Control of Employee Exposures from Dust-Generating Operations Conducted on Concrete or Masonry Materials*, which requires local exhaust ventilation or a wet control method of reducing silica-containing dust, is still in Title 8.

Federal OSHA has some good material on crystalline silica on their website at www.osha.gov/dsg/topics/silicacrystalline/index.html.

Silica is not just a dust; it is extremely hazardous when fine dust particles (respirable) are inhaled. These respirable dust particles can penetrate deep into the lungs and cause disabling and sometimes fatal lung diseases, including silicosis and lung cancer, as well as kidney disease. Silicosis cannot be cured; the only medical treatment is to provide comfort measures.



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