

Peter Gin , RSSP, FIAE  
President/Newsletter  
Lockton Insurance Brokers  
213-689-4203  
[pgin@lockton.com](mailto:pgin@lockton.com)

Frederick D. Garcia, RSSP, FIAE  
President Elect/Programs  
The Walt Disney Company  
818-754-4021  
[fred.d.garcia@disney.com](mailto:fred.d.garcia@disney.com)

Linda Hunter, RSSP  
Vice President/Raffle  
Zee Medical  
714-847-8852 ext. 234  
[lhsafenet@aol.com](mailto:lhsafenet@aol.com)

Joann Blayney, RSSP  
Secretary/Greeter  
Safety Dynamics Group  
562-981-5335  
[joann8041@aol.com](mailto:joann8041@aol.com)

John A. O'Toole, RSSP, FIAE  
Treasurer/Membership  
General Safety Services  
323-258-2771  
[johnaot@earthlink.net](mailto:johnaot@earthlink.net)

Michael Nicholas, RSSP, FIAE  
Placement Chairman  
California Loss Control  
909-599-9859  
[i4safety@aol.com](mailto:i4safety@aol.com)



## **April 4, 2003 LUNCH MEETING**

**12 Noon**

**Crystal Park Casino & Hotel  
123 E. Artesia Blvd. Compton, CA  
90220**

**Hotel Phone: (800) 717 – 1000  
Confirmation w/John O'Toole  
At (323) 258 – 2771**

Byron Jamerson, RSSP  
Chapter Website  
[Jammo70@hotmail.com](mailto:Jammo70@hotmail.com)

Vincent J. Takas, RSSP, FIAE  
Past President/Nominations/Awards  
The Walt Disney Company  
818-544-5795  
[vincent.j.takas@disney.com](mailto:vincent.j.takas@disney.com)

Charles A. Merriam, RSSP  
Sgt. At Arms  
Reaching Higher Risk Management  
909-738-0651

Jeffrey L. Malek, JD, RSSP  
Government Affairs  
Makek & Malek  
310-600 – 7861  
[jmalek@maleklaw.com](mailto:jmalek@maleklaw.com)

Rosemary Domino, RSSP  
Corporate Memberships  
D/K Environmental  
714-638-1237  
[rdomino@dkenv.com](mailto:rdomino@dkenv.com)

Kellie C. Cross, RSSP  
Student Membership  
Risk Management Rep.  
323-634-5792  
[kellie\\_cross@amr-ems.com](mailto:kellie_cross@amr-ems.com)

Carl Cronin, RSSP, FIAE  
CSSSP Training Institute  
310- 652 –2921  
[ccronin@safetynamicsgroup.com](mailto:ccronin@safetynamicsgroup.com)



CSSSP – Los Angeles Chapter  
2272 Colorado Blvd. Ste. 1368  
Los Angeles, California 90041  
(323) 258 – 2771  
<http://www.csssp.com>



# CSSSP

California Society of Safety & Security Professionals

Volume 22

Los Angeles County Chapter

April 2003

## ***April Speaker***

Ms. Linda Hunter, Certified Trainer with Zee Medical, will be presenting the significance of early defibrillation and sudden cardiac arrest. (SCA)

## ***February Speaker***

Mr. Byron Jamerson, Jr. spoke on "Terrorist Violence in the Workplace". He presented guidelines for improvement and addressing this topic at our own workplaces.

### **Play it safe when employees return to work.**

Employees take time off from work for many reasons. One of them is to care for a serious health condition. When these employees return to work, your company may want them to provide evidence that they are physically ready and capable to return to their duties. This evidence is often a report that comes from the employee's health care provider. The health care provider may find this task difficult without knowing what specific tasks are involved in the employee's position.

To help accomplish this, a good job description may come in handy. However, you may want to expand upon a job description to include more specifics about the tasks involved. This way, you can be more assured that the employee is ready to assume all the duties of his or her position and not be put at risk of further injury. A good, comprehensive list of general physical tasks such as lifting, standing, and other mechanics may cover all or most of your employees.

These reports should be required of all employees in all similar situations, or you may be looking at a discrimination problem. This means that if you require this report from one employee who is returning to work after recovering from a serious health condition, you should require it for any other employee who is returning from a similar serious health condition. The requirement should also be job-related and consistent with business necessity.

## ***President's Message***

Our county is in the middle war; I want to encourage all of you to consider how you can support the men and women that are fighting for our freedom in Iraq. You can help by sending "Care Packages" with items listed from a related article in this newsletter. We will be sending another package over to a member of our organization. Please bring items to our April meeting so we can include it for shipping over for you. If you know or have family members serving our country, join me in saying a prayer for them and for their safe return. I hope this conflict will be over soon so they can come home.

Please take a moment and visit us at:  
[www.csssp.com](http://www.csssp.com).

Peter Gin  
President

## ***Prize Winners***

Fred Garcia won a CD Holder from Joshua Casey.  
Linda Hunter won a CD Holder from Joshua Casey.  
Kami Sabetzadeh won a DVD movie.  
Cari Elofson won a DVD movie.  
Maijone Del Toro won a DVD movie.  
Cari Elofson won the stuffed Lion.

## ***New Members***

Alicia Alfaro                      Lori Newman  
John W. Sternitt

## ***Corporate Sponsors***

The Wright Group \$200.00  
Woodward & Alpert \$50.00

## ***CSU, Dominguez Hills***

The new class schedule for the upcoming quarter is posted on our website. Please visit the website and find out more about the classes, cost and location of the classes. Our website is: [www.csssp.com](http://www.csssp.com).

### ***Joshua Casey***

Joshua Casey – one of our Corporate Sponsors has the following courses available. Call (714) 245 – 9440 for additional information, registration and pricing information.

Classes are available for on-site training. These include Environmental Health & Safety Topics, Human Resources Topics, and Professional Development Topics.

### ***Safety Dynamics Group***

Safety Dynamics Group (formerly COMCO Safety) is a full-service occupational safety and health consulting and training firm with over 23 years experience in the field of OSHA regulatory compliance. We are experts in assisting companies in the development and implementation of comprehensive safety programs, policies and workplace procedures. Our programs include, HAZWOPER (CSTI), CPR/FA, Forklift, Confined Space, Site Safety Audits, Written Programs and Compliance Consultation. Call (562) 981-5335 or visit them at: [www.safetydynamicsgroup.com](http://www.safetydynamicsgroup.com)

### ***National Safety Council***

The Greater Los Angeles Chapter National Safety Council Training Institute will be offering the following courses over the next two months. You can sign-up by calling (213) 385-6461.

### ***Corporate Membership***

To be a Corporate member, your Company can be a sponsor to the scholarship fund for a minimum \$50.00 donation. Contact Carleton Cronin, Associate Director of CSSSP Training Institute at (323) 258 - 2771

## ***Kaplan Honored for Sixty Years***

CSSSP is proud to nominate Joseph M, Kaplan to be recognized as a Fellow in The Institute for the Advancement of Engineering. Joe is President of the Los Angeles Safety Council. He is the first association executive in the nation to receive its member grade of Fellow in recognition of his 60 years of outstanding contributions to the advancement of the engineering profession.

Joseph Kaplan is a graduate of UCLA and Harvard University Graduate School of Traffic Engineering. He became the first safety council executive in the nation to be designated a “Certified Association Executive” by the American Society of Association Executives and was the recipient of their annual KEY Award as the nation’s outstanding local association executive. The Southern California Society of Association Executives honored him as Association Executive of the Year.

Joe is a Charter Member and one of the founding Members of the LA Chapter (1946). He, at 88 years young, is still active at “the Safety Council” and supports the Chapter and safety professional nationwide.

Kaplan has also served as National Chairman of the Conference of State and Local Safety Organizations and as International President of the Veterans of Safety. He is actively identified with the National Safety Council, American Society of Safety Engineers, Rotary and various civic and safety organizations. He is also listed in “Who’s Who in America”, and “Noteworthy Americans”.

**Hospital Corpsman First Class David Clark**, a fellow member, has been recalled to active duty in Kuwait, attached to the U.S. Marines. The Chapter is sending “care packages” to David to assist his fellow Marines in essential items that aren’t available to them at this time. We are preparing the 3<sup>rd</sup> package for shipment and are inviting any member who wishes to contribute can bring to the April meeting the following listed items in any small amount:

- Cough Drops, Throat Lozenges, Cold Med’s, Imodium, Eye Wash (i.e. Visine),
- Chap stick, Sunscreen
- Flavored ground coffee in 2 oz. foil packs.
- Small box (2 oz or so) UNSCENTED powdered soap.

- Small hypoallergenic soap bars. No scent (good in the field-believe me)
- “Hawaiian Tropic” or equivalent SPF 30 – 45 lip balm to protect & moisturize lips.
- 1.5 - 2 oz saline nasal spray. “Ocean” brand or equivalent
- 1.5 - 2 oz “Dr. Scholl’s” foot powder.
- Box of 24 individually wrapped “Wet Ones Singles” towelettes. No scent
- Other flavored instant coffees such as General Foods “International Coffees sampler.
- “Red Vines,” licorice and jerky may be cut into 4” lengths and packaged in baggies for shipment overseas. This is a good size for a ‘pick me up’.

If you wish to, enclose your e-mail address with your donation. I’m sure David and his Marines would like to respond to you. If you have any questions, call John O’Toole at 323-258-2771.

### **Lockout/Tagout: Control the Energy Sources**

The unexpected start up of equipment or the release of stored energy can cause injury to you and your co-workers. Your company’s lockout/tagout program can prevent exposure to accidental, injurious, and even life-threatening situations from energized equipment.

Many energy sources require lockout/tagout procedures to protect employees from the release of hazardous energy. Some of these include: electrical, mechanical, pneumatic, hydraulic, chemical, and thermal sources. Some of the problems an accidental release of hazardous energy could cause are: (1) accidental start-ups, (2) electric shock, and (3) release of stored, residual, or potential energy.

These accidents often occur when someone takes a shortcut during machinery servicing, or when workers don’t understand the equipment or the lockout/tagout procedures for the job.

What is Lockout/Tagout?

Lockout is the process of turning off and locking out the flow of energy from a power source to a piece of equipment or a circuit, and keeping it locked out. Lockout is accomplished by installing a lockout device at the power source so that equipment powered by that source cannot be operated.

Tagout is placing a tag on the power source. The tag acts as a warning not to restore energy—it is not

a physical restraint, tags must clearly state: Do Not Start.

Both locks and tags must be strong enough to prevent unauthorized removal and to withstand various environmental conditions.

For electrical controls, equipment, and circuits: tag all controls that are to be deactivated during the course of work on energized or deenergized equipment or circuits; render equipment or circuits that are deenergized inoperative and attach tags at all points where such equipment or circuits can be energized; and place tags to plainly identify the equipment or circuits being worked on.

For mechanical equipment: do not allow employees to perform maintenance or repair activity where the inadvertent operation of the equipment could occur and cause injury, unless all potential hazardous energy sources have been locked out and tagged; and use tags that read Do Not Start or similar language so the equipment is not operated.

A good lockout/tagout program will control or eliminate the unexpected energization or start up of machines or equipment, or release of stored energy that can cause injury.

### **History of OSHA’s construction noise standard**

OSHA has recognized the hazardous conditions caused by noise on construction projects for many years. OSHA adopted the construction noise standard in 1971 and later recodified it at 29 CFR 1926.52. Another section of the construction standard (§1926.101) contains a provision requiring employers to provide hearing protection devices when needed.

Many construction jobs, such as concrete work, site excavation, highway construction, and carpentry involve high levels of noise. Major noise sources include heavy equipment, such as loaders, dozers, and cranes, as well as tools like jackhammers and chipping guns. Excessive noise at construction sites not only causes hearing loss, but also can create a safety hazard by masking the sounds of oncoming vehicles.

Hearing loss and the use of hearing protectors by those with pre-existing hearing loss may further interfere with the workers’ ability to hear and perceive the sounds of danger. Although these difficulties occur in many occupational settings, they are a particular problem in construction, where a variety of moving vehicles, back-up alarms, and other signals and activities may occur simultaneously.